TAKE A DEEP BREATH AND SMILE © 2017 by Heather Pierson

Why don't you sit right down and take a load off your mind It's such a beautiful night, so leave your troubles behind 'Cause they'll be waiting for you, so here's what you do: Just take a deep breath and smile

You've been working so hard and now it's time to unwind And did you think I'd forget that it's my job to remind you To take some time out for you And take a deep breath and smile

I know that times get hard And all you wanna do is cry Don't let this mean old world break your heart Don't just lie down and die

You've got some living to do and I'll be here by your side Through all the good and the bad, I'll be along for the ride But remember what I told you: Take a deep breath and smile